

OCTOBER 14, 2011 - OMNI SHOREHAM HOTEL - WASHINGTON, DC

*Nursing Research:*

ADVANCING  
THE NATION'S  
HEALTHCARE

FRIENDS OF THE NATIONAL INSTITUTE OF NURSING RESEARCH - NIGHTINGALA 2011



Enhancing Outcomes for Patients and Their Caregivers.™

It is a pleasure to welcome you to the 2011 NightinGala on behalf of my 6,500 Hill-Rom colleagues around the world who work tirelessly every day to enhance outcomes for patients and their caregivers.

I am honored to serve on the FNINR Board and to provide support to the extraordinary work of nurse researchers as we transform healthcare delivery and enhance the health of our Nation. Enjoy the evening and celebrate the difference that nurses make every day!

MELISSA A. FITZPATRICK, RN, MSN, FAAN  
VICE PRESIDENT AND CHIEF CLINICAL OFFICER  
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## FRIENDS OF THE NATIONAL INSTITUTE OF NURSING RESEARCH

The Friends of the National Institute of Nursing Research (FNINR) is an independent, non-profit organization founded in 1993. FNINR's mission is to provide resources to support nursing research and advance the mission of the NINR. The Friends seek to support research-based nursing practice by educating nursing professionals and the public about the advances made through nursing research and its benefits to patients, families, the community and the delivery of health care.

Nurse researchers are grounded in clinical nursing practice and focused on the physical, mental, emotional and social needs of patients. They recognize the illness and the presence of health risk factors affecting the overall well-being of individuals.

The health care community faces new challenges and opportunities to improve patient care each year. With the continuing leadership provided by NINR and the support of FNINR, nurse researchers will continue to contribute to the enhanced health and well-being of all Americans, especially in a time when cost-effectiveness and quality of care are equally championed by the public and the Nation's decision makers.

## NATIONAL INSTITUTE OF NURSING RESEARCH

The National Institute of Nursing Research (NINR) was established as a Center at the National Institutes of Health (NIH) and as an Institute in 1993. This placement among the 27 Institutes and Centers within the NIH has added a new scientific perspective to enrich the Nation's biomedical and behavioral research endeavors.

NINR's mission is to promote and improve the health of individuals, families, communities, and populations. The mission is accomplished through support of research in scientific areas such as chronic and acute diseases, health promotion and maintenance, symptom management, health disparities, caregiving, self-management, and the end of life. NINR also supports the training of new investigators who bring new ideas and help to further expand research programs. The ultimate goal of NINR's research is its dissemination into clinical practice and into the daily lives of individuals and families.

## A MESSAGE FROM THE FNINR PRESIDENT



Welcome to the 2011 NightinGala, sponsored by the Friends of the National Institute of Nursing Research!

Tonight is a night to celebrate the work of four outstanding nurse investigators who will serve as models for the breadth and significance of research in nursing. Their work spans the areas of acute care neuroscience nursing, sleep, cognitive impact of chemotherapy in pediatrics, and sexually transmitted disease and pregnancy in Latino populations. We congratulate them on their contributions to the advancement of nursing science.

We are also here tonight to support and advocate for nursing research. Your presence and your active support for nursing research have never been more needed than they are today as economic conditions threaten the growth of nursing science. We are delighted to have joining us for the keynote presentation, Mary Woolley, President of Research!America, the largest advocacy organization committed to medical and health research. We have much to learn from her.

Thank you for being here, and thank you for supporting nursing research.

**JACQUELINE M. DUNBAR-JACOB, PhD, RN, FAAN**  
FNINR PRESIDENT

## A MESSAGE FROM THE NINR DIRECTOR

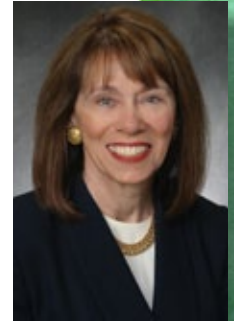
As our Nation continues to grapple with the serious health care challenges before us -- escalating rates of preventable illnesses, systemic insufficiencies and inefficiencies, runaway costs, and the implementation of measures seeking to address these issues while also broadening and equalizing access to services -- it is clear that nursing science must play an increasingly vital leadership role in reshaping the health care system to better meet the needs of the American people.

To that end, we have spent this past anniversary year exploring how to build on the success of the first 25 years of our research enterprise while continuing to align our mission with the emergent priorities of our Nation's health and health care system, including the prime imperative to keep people healthy for as long as possible.

Since its inception, NINR has supported basic, applied, and clinical research in health promotion, disease prevention, symptom management, and person-centered health care and the translation of this research into health programs that enable individuals, families, and communities to be guardians of their own well being in partnership with health professionals. As experts in interdisciplinary, point-of-care biobehavioral research, NINR investigators are able to create and enhance innovative, cost-effective, and rapidly implementable solutions to our Nation's many competing health and healthcare needs.

Tonight, as we stand on the threshold of a new quarter century of "bringing science to life," let us remember the contributions of all who helped us reach this moment -- the nurses whose commitment to improving the quality of health and health care with research never wavered in the face of early skepticism, the policymakers who championed nursing science when curative science was the predominant focus, the leaders who paved the way for a national nursing research center and those who nurtured it into a full-fledged institute, the colleagues who have reached across the lines of profession and discipline to partner with us, the American public who funds our efforts, and last, but far from least, the individuals, families, and communities who have participated in our research projects over the years to the benefit of people everywhere.

To those who have joined us this evening, I want to express my gratitude for your support of NINR and your commitment to nursing research. Thanks in large part to your dedicated efforts to communicate the value of our findings to both the public and our clinical and scientific colleagues, the opportunities for nursing science to lead the way in "Advancing the Nation's Health Care" and thereby improve the health and well being of the American people are boundless.



**PATRICIA A. GRADY, PhD, RN, FAAN**  
DIRECTOR, NINR

# 2011 NIGHTINGALA | *October 14, 2011*

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## NURSING RESEARCH: ADVANCING THE NATION'S HEALTHCARE

### AMERICA THE BEAUTIFUL

*Sung by* TODD GOOGINS

### WELCOME & OPENING REMARKS BY FNINR PRESIDENT

JACQUELINE M. DUNBAR-JACOB, *PhD, RN, FAAN*

### REMARKS BY NINR DIRECTOR

PATRICIA A. GRADY, *PhD, RN, FAAN*

### FNINR 2011 RECOGNITION

*Pathfinder Distinguished Service Awards - Ada Sue Hinshaw Research Grant Award - President's Award*

*Presented By:*

ELAINE J. AMELLA, *PhD, GNP-BC, FAAN*

### DINNER

### KEYNOTE ADDRESS

MARY WOOLLEY, *President, Research!America*

### CLOSING REMARKS

JACQUELINE M. DUNBAR-JACOB, *PhD, RN, FAAN*

## KEYNOTE SPEAKER BIOGRAPHY

Mary Woolley is the President of Research!America, the nation's largest not-for-profit, membership supported grassroots public education and advocacy organization committed to making medical and health research a higher national priority. Under her leadership, Research!America has earned the attention and respect of elected and appointed officials, researchers in the public, private and academic sectors, media, and community leaders with its record of innovation in advocacy for research. Research!America's reports and publications, Web sites, and constituent education initiatives have been honored by leading regional and international communications and advocacy organizations, including the Public Relations Society of America.

Mary Woolley is an elected member of the Institute of Medicine and serves on its Governing Council. She is a Fellow of the American Association for the Advancement of Science (AAAS) and serves on the National Academy of Sciences Board on Life Sciences. She is a founding member of the Board of Associates of the Whitehead Institute for Biomedical Research. She has served as President of the Association of Independent Research Institutes (AIRI), as Editor of the Journal of the Society of Research Administrators, as a reviewer for the National Institutes of Health and National Science Foundation, and as a consultant to several research organizations. She is a member of the National Council for Johns Hopkins Nursing.

Mary Woolley has a 30-year editorial and publication history on science advocacy and research related topics. She has been published in Science, Nature, Issues in Science and Technology, The New England Journal of Medicine, The Journal of the American Medical Association, The Scientist, Women's Health Magazine and others. She is a sought-after speaker and is frequently interviewed by science, news and policy journalists and has received recognition by PBS as an "Unsung Heroine."

She holds an honorary doctoral degree from the Northeast Ohio Medical University (NEOMED). For her work on behalf of medical research, she has been honored as a Woman of Vision by the American Committee for the Weizmann Institute of Science and has received the American Hospital Association Silver Touchstone Award for Public Affairs Programming, the Columbia University College of Physicians and Surgeons Dean's Award for Distinguished Service, the Federation of American Societies for Experimental Biology Special Award for Science Advocacy, the Friends of the National Institute for Nursing Research Health Advocacy Award, the Awareness and Advocacy Award from the Clinical Research Forum, and the Friends of the National Library of Medicine Paul G. Rogers Public Service Award.

A native of Chicago, Mary Woolley received a Bachelor of Science from Stanford University and a Master of Arts from San Francisco State University. In her early career, she served as San Francisco project director for the then largest-ever NIH-funded clinical trial, the Multiple Risk Factor Intervention Trial (MRFIT). In 1981, she became Administrator of the Medical Research Institute of San Francisco, and in 1986 was named the Institute's Executive Director and CEO. Mary Woolley has served as President and CEO of Research!America since 1990.



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## PATHFINDER DISTINGUISHED SERVICE AWARDS

*The Pathfinder Distinguished Service Award is given by FNINR to acknowledge nurse researchers whose work has focused on advancing deep understanding of human health and health care, and has been sustained by multiple grants from NINR/NCNR. In 2011, FNINR recognizes two nurse researchers whose body of scholarship illustrates long-standing commitment to nursing.*

### CAROL A. LANDIS, DNSC, RN, FAAN



Dr. Carol Landis is the Vice Chair, Research, and Professor in the Department of Biobehavioral Nursing & Health Systems at the University of Washington, School of Nursing, and is one of two 2011 recipients of the Friends of the National Institute of Nursing Research Pathfinder Award. Dr. Landis received her Diploma in Nursing from the Johns Hopkins Hospital School of Nursing, her Bachelor's degree from the University of Pittsburgh, and both her Master's and Doctorate of Nursing Science degrees from the University of California San Francisco. Dr. Landis' program of research focuses on sleep, sleep disturbance and the health consequences of sleep loss. The National Center for Nursing Research and the National Institute for Nursing Research, among others, have funded her work.

A scientist with an extraordinary depth of scholarship, Dr. Landis conducted original investigations and published first-time observations of altered sleep patterns in an animal model of arthritis, sleep deprivation effects on thermoregulation, pain, wound healing, immune function, and descriptive studies of neuroendocrine and EEG biomarkers of nonrestorative sleep. Early work with Dr. Joan Shaver was the first to describe alterations in prolactin secretion associated with sleep in women with fibromyalgia; a finding that has tremendous potential to modify the theoretical understanding of this condition and its sequelae. Dr. Landis' findings that disturbed sleep in young children (6-11 years) was associated with neurobehavioral performance and disordered breathing has important implications for clinical care of this population. Most recently, a randomized clinical trial has been used to examine the herbal supplement valerian efficacy to treat sleep disturbance in older women with insomnia. Thus, her work truly extends across the lifespan. She has disseminated her research in a variety of high impact scientific journals and to local, regional, national, and international interdisciplinary and nursing science audiences.

Dr. Landis is the Co-Director of the Center for Management of Sleep Disturbances within the School of Nursing where she has played a role in sustaining and advancing the School's Sleep Laboratory, the first in a school of nursing in the US -- sustained for over 30 years.

She was the first nurse appointed to the Sleep Disorders Advisory Board for the National Center for Sleep Disorders Research at NIH and is the only nurse appointed as an Associate Editor of the journal SLEEP, the primary interdisciplinary journal for reporting basic science and clinical studies in sleep science. The list of persons Dr. Landis has mentored is long -- the path she carved has shown the way for many others.

# PATHFINDER DISTINGUISHED SERVICE AWARDS

## IDA (KI) M. MOORE, DNSC, RN, FAAN

Dr. Ida (Ki) Moore is Professor and Divisional Director of the Behavioral Health Sciences Division in the College of Nursing at the University of Arizona, and is one of two 2011 recipients of the Friends of the National Institute of Nursing Research Pathfinder Award. Dr. Moore received her Bachelor's and Master's degrees from the University of Iowa, and her Doctorate of Nursing Science degree from the University of California San Francisco. Dr. Moore has conducted an extensive program of research on childhood cancer; more specifically, the deleterious treatment affects of cancer treatment on the central nervous system. The National Center for Nursing Research and the National Institute of Nursing Research, among others, have supported her work.

Since her 1988 publication of her groundbreaking research findings published in *Cancer*, showing that children with Acute Lymphocytic Leukemia (ALL), the most common childhood cancer, had cognitive impairments despite lack of changes on magnetic resonance imagery screening, Dr. Moore's research has focused on demonstrating changes in cognitive functioning following chemotherapy and radiation to the central nervous system, previously unknown in pediatric oncology. Over the course of her career, Dr. Moore has used both basic and clinical science to examine affects of cell death on cognition, and devise and test interventions. Using basic science methods – developing an in vitro cell culture model, she and her team were the first to publish findings showing that chemotherapy caused changes at a cellular level in three markers of cell death in the brain. They then moved their findings to an animal model to study the effects of CNS chemotherapy treatment on select regions of the brain. These basic science models allowed Dr. Moore's team to investigate mechanisms of chemotherapy-induced injury that could not be studied in clinical populations.

Working with an interdisciplinary, multi-site team, Dr. Moore has been able not only to affirm parents' and teachers' observation that children with ALL, who were treated with chemotherapy, had significant declines in mathematics skills, but has devised the 'Mathematics Intervention' which was tested through clinical trials. The Mathematics Intervention resulted in improvement in mathematics achievement scores for ALL children treated with chemotherapy. Her future work will use a computer-based virtual world intervention that can be widely disseminated.

Dr. Moore is a highly regarded and an active citizen leader within the profession of nursing and the community of health scientists. She is the recipient of many awards for outstanding scholarship and policy-setting innovations. A senior-scholar leader, she has created a path on which numerous students, scholars and junior faculty members have tread.



# THE ADA SUE HINSHAW RESEARCH GRANT

*The Ada Sue Hinshaw Research Grant is funded by FNINR in honor of Ada Sue Hinshaw, PhD, RN, FAAN, the first permanent Director of the National Institute of Nursing Research. This award is an unrestricted grant to support the work of a promising and accomplished nurse researcher. The Ada Sue Hinshaw Research Grant focuses attention on the significance of nursing research and the contributions made by nurse scientists that improve health care.*

## PAMELA H. MITCHELL, PHD, RN, FAHA, FAAN



Pamela H. Mitchell, PhD, RN, FAHA, FAAN, is the Elizabeth S. Soule Distinguished Professor of Health Promotion at the University of Washington School of Nursing, the Co-Director, Research Education Core, Institute of Translational Health Sciences, of the University of Washington, and is the 2011 recipient of the Friends of the National Institute of Nursing Ada Sue Hinshaw Research Grant for her sustained program of research on biobehavioral stability to promote high quality health for individuals and populations as they interact with health care systems.

After graduating from the University of Washington with her BSN and the University of California, San Francisco, with her MSN, Ms. Mitchell began her research career in the 1970's at the University of Washington with the study of vulnerability and outcomes in persons with brain injury. Ms. Mitchell first received funding from the Division of Nursing in 1977 and in 1991, as a new PhD graduate from the University of Washington, Dr. Mitchell received her first R01 award while Dr. Hinshaw, the person who is honored by this award, was Director.

Over these past 20 years, Dr. Mitchell's research has had two primary foci : 1) investigating factors influencing the responses of critically ill neuroscience patients to normal nursing care activities and (2) investigating how care delivery system organizational features influence patient outcomes. These efforts have received significant extramural funding from both government and foundation sources. More importantly, these research efforts have resulted in important findings that have significant implications for improved patient care. Dr. Mitchell's clinical research efforts have led to the concept of intracranial adaptive capacity, which has been widely accepted and is now standard of education throughout the world. Within the neuroscience nursing community, Dr. Mitchell is known as the "mother" of nursing management of intracranial pressure. Her leadership of a landmark interdisciplinary national clinical trial of a non-pharmacological treatment of depression of persons with a myocardial infarction showed a significant improvement in depression and quality of life. This effort and the work in the area of neuroscience were the bedrock for numerous funded studies and publications.

Dr. Mitchell is recognized not only for her seminal neuroscience nursing research, but for her pioneering work in developing the quality health outcomes model. This critical work has served as the foundation for multiple research investigations within and outside the discipline of nursing. Dr. Mitchell is author of numerous papers, and was involved in the writing team for the landmark paper "Comprehensive Overview of Nursing and Interdisciplinary Care of the Acute Ischemic Stroke Patient." Dr. Mitchell's 2009 seminal paper detailing a brief psychosocial-behavioral intervention for post-stroke depression was among those nominated for the Top 10 Advances in Heart Disease and Stroke by the American Heart Association.

## THE PRESIDENT'S AWARD

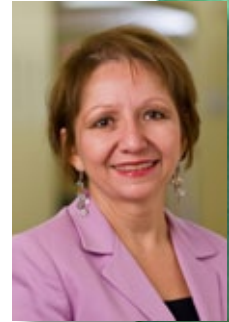
*This year, the President's Award is given by FNINR to acknowledge a nurse researcher whose work has focused on advancing deep understanding of health behavior intervention and whose body of scholarship illustrates long-standing commitment to nursing research.*

### ANTONIA M. VILLARRUEL, PHD, RN, FAAN

Dr. Antonia M. Villarruel is Professor and Nola J. Pender Collegiate Chair in Health Promotion, and Associate Dean for Research and Global Affairs, University of Michigan School of Nursing, and is the 2011 recipient of the Friends of the National Institute of Nursing Research President's Award. Dr. Villarruel received her Bachelor's degree from Nazareth College, her Master's from the University of Pennsylvania, and her PhD from Wayne State University. Dr. Villarruel's program of research has focused on the development and testing of interventions to reduce HIV sexual risks among Latin and Mexican youth. Her sustained scientific efforts have contributed substantially to the development of evidence-based health promotion/risk reduction and policy with Latino populations. Her research has been supported by the National Institute of Nursing Research, among others.

Dr. Villarruel has led the development of the University of Michigan School of Nursing's HIV prevention program since the late 1990's, where a continued community-informed research effort has resulted in the emergence of empirically supported interventions to reduce sexually transmitted diseases and pregnancy among Latino teenagers. The goal of the program's investigative effort is to reduce the disparate rates of HIV and unwanted pregnancy among Latino and Mexican adolescents and improve the dearth of culturally-appropriate educational materials targeting this population. Dr. Villarruel has had direct experience in the packaging and dissemination of evidence-based behavior intervention research programs. Her program, Cuidate (Take Care of Yourself), is now being disseminated across the country through the Center for Disease Control and Prevention's (CDC) Diffusion of Evidence Based Interventions. The CDC, the Office of Adolescent Health at the US Department of Health and Human Services (DHHS), and the Agency for Healthcare Research and Quality, have recognized her intervention as providing the best evidence of efficacy. Employing a community-informed research method to address problems of health disparities among Latino youth, her Cuidate model incorporates commonly held cultural beliefs among Latinos, using them to frame abstinence and condom use as acceptable and effective health strategies. This work is being integrated into practice in Mexico, which has led to a cadre of nurses being prepared to conduct health promotion at the PhD level with opportunities to secure independent funding. She works collaboratively with interdisciplinary colleagues and communities across the US to reduce health disparities in maternal child outcomes, cardiovascular disease, and domestic violence among Latino populations.

Dr. Villarruel is a long-standing advocate of increased diversity in nursing education and practice, and has participated in policy development efforts including membership in esteemed national and interdisciplinary boards, federal workgroups, foundational advisory committees and blue-ribbon panels. She was appointed to serve on the inaugural Secretary's Advisory Council for Minority Health and Health Disparities for the US DHHS. Dr. Villarruel exemplifies the qualities sought in this year's Friends of the National Institute for Nursing Research President's Award in Health Behavior Intervention Research.



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National Institute of Nursing Research  
*Congratulations*

We celebrate, along with nurse scientists across the nation, NINR's 25 years of promoting and improving the health of individuals, families, communities and populations by supporting and conducting clinical and basic research and research training.

*Thank you for advancing  
the science of nursing.*

From patients and their families...

From nurse scientists and leaders...

From Indiana University School of Nursing.



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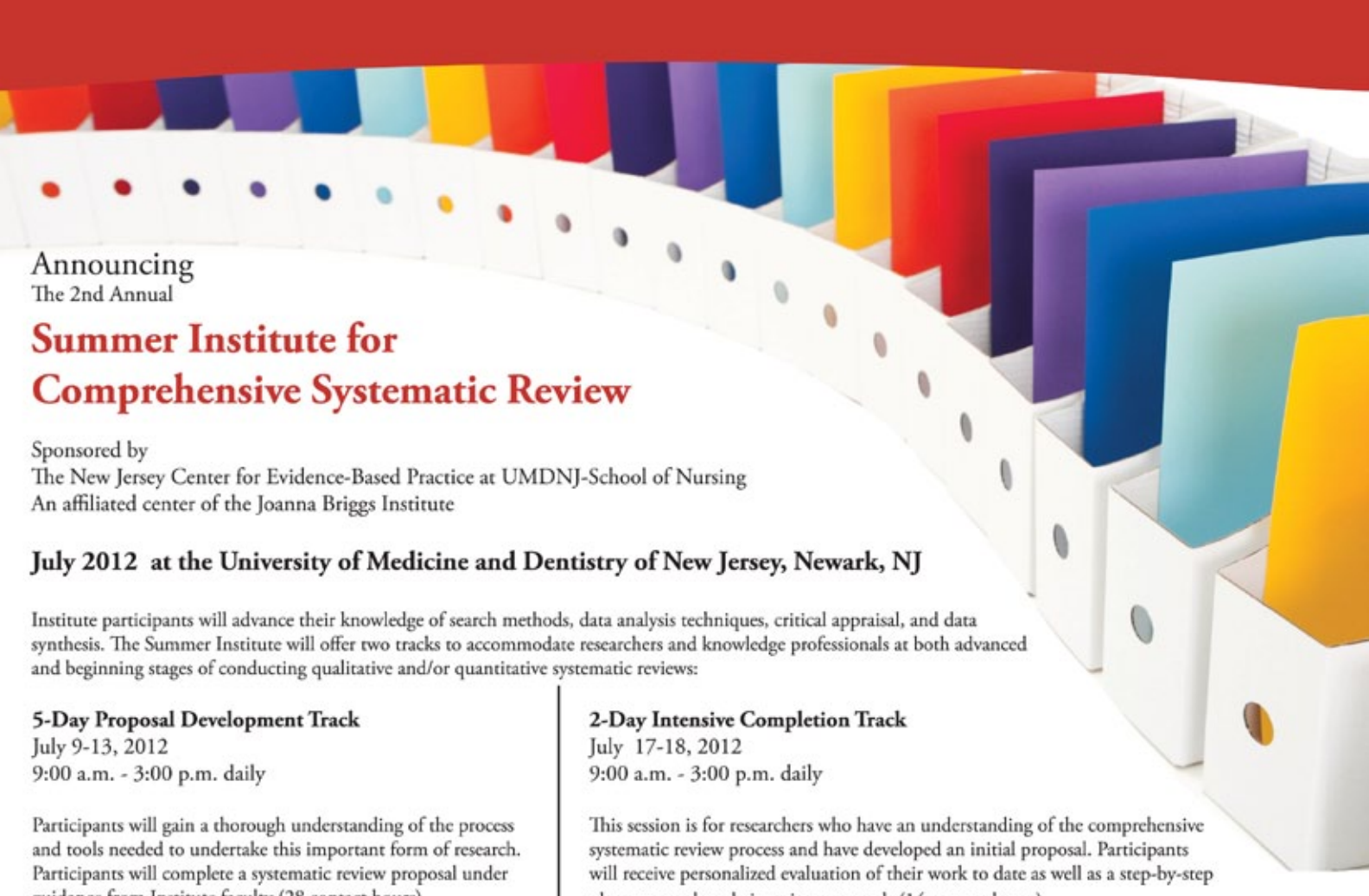
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Your commitment to caring  
makes us all stronger.

Aetna is proud to support the advancement of nursing research and the 2011 NightinGala.

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Announcing  
The 2nd Annual

## Summer Institute for Comprehensive Systematic Review

Sponsored by  
The New Jersey Center for Evidence-Based Practice at UMDNJ-School of Nursing  
An affiliated center of the Joanna Briggs Institute

**July 2012 at the University of Medicine and Dentistry of New Jersey, Newark, NJ**

Institute participants will advance their knowledge of search methods, data analysis techniques, critical appraisal, and data synthesis. The Summer Institute will offer two tracks to accommodate researchers and knowledge professionals at both advanced and beginning stages of conducting qualitative and/or quantitative systematic reviews:

### **5-Day Proposal Development Track**

July 9-13, 2012

9:00 a.m. - 3:00 p.m. daily

Participants will gain a thorough understanding of the process and tools needed to undertake this important form of research. Participants will complete a systematic review proposal under guidance from Institute faculty (28 contact hours).

### **2-Day Intensive Completion Track**

July 17-18, 2012

9:00 a.m. - 3:00 p.m. daily

This session is for researchers who have an understanding of the comprehensive systematic review process and have developed an initial proposal. Participants will receive personalized evaluation of their work to date as well as a step-by-step plan to complete their review protocols (14 contact hours).



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